

CAMDEN COMMUNITY CENTRE

A sense of belonging.

PROGRAM

January - June 2022

* **Travel Club** (monthly outings)

January no outing
February no outing
March Largs Bay
April Virginia
May Strathalbyn
June Country Hoedown (at Camden Hall)

(Due to COVID-19 - outings are subject to change)

Lunch included

Cost: \$35.00

A cost of \$2.50 each way applies if you require transport to and from the Centre



Relax in an air-conditioned coach

All tours depart from and return to Centre

Community Garden

Short of garden space at home?
Come along and have a garden bed to grow vegetables and herbs

Raised garden beds available

Cost **\$2.00** a week includes soil and fertilizers

Join our friendly team of garden volunteers

Enquiries:
8376 0022



Camden Community Centre **Op Shop**

Cnr Carlton Rd and Carlisle Street Camden Park
(entrance on Carlton Road - rear of Hall)

Bargains galore:

clean quality men's, ladies and children's clothing, shoes, books, handbags, jewellery, small household items, crockery, records, bric-a-brac, linen and much more.

Clean quality donations are gratefully accepted

Monday / Wednesday / Friday
10:00am - 2:00pm

1st Saturday of the month
9:00am - 12noon



The Department of Health



Government of South Australia
Department of Human Services



7 Carlisle Street Camden Park SA 5038 Phone: 8376 0022
email: admin@camden.org.au www.camden.org.au www.facebook.com/Camden.org/
ABN 81388 249 632

MONDAY

* COMMUNITY CONNECTIONS SOCIAL GROUP

10:30am - 1:30pm Reed Room

Varied social programs focusing on wellness and reablement including chair based exercises and various activities.

Morning tea & lunch provided

Limited transportation available within the local area



Phone: 8376 0022

Community Connections is a social group for frail, older people (aged 65 years and over or 50 years and over for Aboriginal & Torres Strait Islander people)

A funded program by (CHSP)

Commonwealth Home Support Program

CAMDEN MEN'S SHED

Monday 9:30am - 3:00pm

Our men's shed volunteers become involved in:

- ◆ Producing a range of products for sale, such as cutting boards, bowls, candle holders and paddle boards to raise funds for the Centre
- ◆ Teaching each other woodworking skills
- ◆ Providing maintenance and repairs throughout the Centre
- ◆ Repair and produce small projects for the community

Phone: 8376 0022



TUESDAY

* COMMUNITY CONNECTIONS SOCIAL GROUP

10:30am – 1:30pm Reed Room

Varied social programs focusing on wellness and reablement including chair based exercises and various activities.

Morning tea & lunch provided

Limited transportation available within the local area

Phone: 8376 0022

CAMDEN MEN'S SHED

Tuesday 9:30am - 3:00pm

Our men's shed volunteers become involved in:

- ◆ Producing a range of products for sale, such as cutting boards, bowls, candle holders and paddle boards to raise funds for the Centre
- ◆ Teaching each other woodworking skills
- ◆ Providing maintenance and repairs throughout the Centre
- ◆ Repair and produce small projects for the community

Phone: 8376 0022

Sample of
hand-crafted
products made
by our
men's shed
volunteers

Orders taken



Camden Community Centre is a not for profit organisation that is focused on services to the community. We welcome donations and coordinate fundraising activities to support the Centre in providing meaningful activities to our local Community. If you would like to support our Centre or have suggestions or activities that you would like to attend (that are not currently offered), please contact us on 8376 0022

WEDNESDAY

* COMMUNITY CONNECTIONS SOCIAL GROUP

10:30am – 1:30pm Reed Room

Varied social programs focusing on wellness and reablement including chair based exercises and various activities.

Morning tea & lunch provided

Limited transportation available within the local area

Phone: **8376 0022**

CAMDEN MEN'S SHED

Wednesday 9:30am - 3:00pm

Our men's shed volunteers become involved in:

- ◆ Producing a range of products for sale, such as cutting boards, bowls, candle holders and paddle boards to raise funds for the Centre
- ◆ Teaching each other woodworking skills
- ◆ Providing maintenance and repairs throughout the Centre
- ◆ Repair and produce small projects for the community

Phone: **8376 0022**

JUSTICE OF THE PEACE (JP)

Wednesday 10:30am - 1:00pm

Enquiries: **8376 0022**



ART CLASS

2:00pm - 4:00pm

If you are in-experienced, but are keen to learn about drawing, water colours and other art mediums, why not come along and join us.

support and guidance at a low cost of **\$5.00**

ALL WELCOME - Phone: **8376 0022**

FOOD ASSISTANCE

We have families within our local community who have financial needs, experience social isolation and loneliness. The Centre is here to assist !

Enquiries: **8376 0022**

PILATES EXERCISE CLASS

Wednesday 6:30pm - 7:30pm

Contact: **Katie 0433 099 623**

THURSDAY

* COMMUNITY CONNECTIONS SOCIAL GROUP

10:30am – 1:30pm Reed Room

Varied social programs focusing on wellness and reablement including chair based exercises and various activities.

Morning tea & lunch provided

Limited transportation available within the local area

Phone: **8376 0022**

CAMDEN MEN'S SHED

Thursday 9:30am - 3:00pm

Our men's shed volunteers become involved in:

- ◆ Producing a range of products for sale, such as cutting boards, bowls, candle holders, paddle boards to raise funds for the Centre
- ◆ Teaching each other woodworking skills
- ◆ Providing maintenance and repairs throughout the Centre
- ◆ Repair and produce small projects for the community

Phone: **8376 0022**



Orders taken



CRAFT GROUP

Thursday 11:00am - 1:00pm

If you would like some extra company, come along and join our friendly group of ladies and enjoy a social coffee, chat, craft and share ideas together

Cost: **\$5.00** includes morning tea

ALL WELCOME - Phone: **8376 0022**

FRIDAY

* COMMUNITY CONNECTIONS SOCIAL GROUP

FRIDAY MEN'S GROUP

11:00am – 2:00pm

A social program tailored to the needs of the group and designed to connect men with their peers and local community.

Opportunities to learn more about specific issues and discuss topics of interest.



Morning tea & BBQ lunch provided

Phone: 8376 0022

FOOD ASSISTANCE

We have families within our local community who have financial needs, experience social isolation and loneliness. The Centre is here to assist!

Enquiries: 8376 0022



VOLUNTEERS

Camden Community Centre gratefully acknowledges the contribution volunteers provide to the Centre

Volunteer programs include:

Op Shop
Men's Shed - woodwork
Social Programs
Kitchen Assistance
Grounds, Maintenance and Gardening
Community Garden

Benefits of Volunteering at Camden:

- ◆ Meet new friends
- ◆ Learn new skills
- ◆ Increase knowledge
- ◆ Have fun
- ◆ Contribute to your community

SATURDAY

'CLOSE TO MY HEART'

Scrapbooking, stamping and card making Workshops - Classes held Monthly

Friday evenings 7:30pm - 11:30pm

Saturday afternoons 12:00noon - 4:00pm

Contact Sarah on 0417 840 450

www.sarahshipton.ctmh.com.au



CAMDEN'S BINGO

Saturday 7:30pm - 9:30pm

Camden HALL
cnr Carlton Rd and Carlisle Street, Camden Park

Doors open at 5:30pm

food, snacks and soft drink purchases available

Raffles ... Great Prizes to be won

FREE tea/coffee/biscuits

An evening of FUN and ENJOYMENT

Enquiries: 8376 0022

PUBLIC TRANSPORT

Buses 262, 263, 265, N262

Stop 15 Anzac Highway

Bus H20

Stops 14a Stonehouse Avenue
15c or 15d Morphett Road

Bus 167 and 168

Mooringe Avenue via Morphett Road

Glenelg Tram

Stop 12
Morphett Road

* Although funding for the Community Connections CHSP Social Group programs has been provided by the Australian Government, the material contained herein does not necessarily represent the views or policies of the Australian Government.