## **Travel Club**

Travel club outings are designed to foster friendship, build meaningful relationships and encourage social inclusion.

Participants will travel to destinations they may not otherwise have the opportunity to visit.

Lunch included

Cost: \$35.00\*



\*Price may vary depending on destination



The Department of Health

#### Disclaimer:

Although funding for the Social Programs have been approved by the Australian Government, the material contained herein does not necessarily represent the views of the Australian Government.

#### **Eligibility**

Camden Community Centre offers social & recreational programs to members of the community who are Commonwealth Home Support Program (CHSP) referred through My Aged Care (MAC: 1800 200 422)

Programs include a wide range of activities such as: outings, craft, guest speakers and entertainers with a focus on wellness and reablement. Included is a two course hot meal. Our aim is to enhance the lives of individuals through inclusive, meaningful social activities in a safe, warm and caring environment.

#### <u>Fees</u>

Program fees are kept to a minimum, however participants will not be disadvantaged from accessing the group if they are experiencing financial difficulties. A *'Fee Hardship Policy'* is in place for those in need.



# Social Programs

#### 7 Carlisle Street Camden Park

Phone: 8376 0022

Email: admin@camden.org.au Website: www.camden.org.au www.facebook.com/Camden.org/ ABN 81388 249 632



## Monday

### Social Group

10.30am - 1.30pm

Varied centre-based social programs with occasional outings aimed at supporting people living with a disability to link in with their peers and the local community. Morning tea & lunch provided

Limited transportation available within local area.

Cost: \$15.00

## Wednesday

### Ladies Social Group

10.30am - 1.30pm

Varied social programs focusing on wellness and reablement including chair based exercises and various activities. Morning tea & lunch provided

Limited transportation available within local area.

Cost: **\$15.00** 

Meet new friends and become part of your local community ... a sense of belonging



Transport to and from the Centre can be provided subject to availability for those with the highest priority

Cost: \$2.50 each way

## Thursday

## Social Group

10.30am - 1.30pm

Varied social programs focusing on wellness and reablement including chair based exercises and various activities. Morning tea & lunch provided

Limited transportation available within local area.

Cost: \$15.00

# Friday

### Men's Social Group

10:30am - 1:30pm

A social program tailored to the needs of the group and designed to connect men with their peers and local community.

Opportunities to learn more about specific issues and discuss topics of interest. Morning tea & lunch provided

Cost: **\$12.00**